



HOUSE OF HOPE

HOPE COUPLES MINISTRY RESOURCE



HOPE
COUPLES
MINISTRY

THE HOUSE OF HOPE ATLANTA

MAKE IT LAST FOREVER

ENDURING LOVE IN EVERY SEASON

*"Love never gives up, never loses faith, is always hopeful,
and endures through every circumstance." 1 Corinthians 13:7*



Enduring Love In Every Season

(Inspired by *The Four Seasons of Marriage* By Dr. Gary Chapman)

Relationships are not static. Instead, they move through seasons. The goal is not to fear the seasons, but to learn how to love faithfully in each one. Every relationship experiences change. Just like the natural seasons, these shifts are a normal part of life.

In *The Four Seasons of Marriage*, Dr. Gary Chapman explains that marriages often cycle through four seasons:

- **Summer** – A season of warmth, joy, and deep connection
- **Fall** – A season of uncertainty, drift, or neglect
- **Winter** – A season of coldness, distance, or unresolved hurt
- **Spring** – A season of hope, healing, and new beginnings



Couples may experience these seasons more than once throughout their relationship. What matters most is not which season you're in, but how you respond while you're there.

This activity is designed to help couples:

- *Identify the season their relationship is currently in.*
- *Understand what that season may require.*
- *Apply intentional, practical strategies to strengthen their relationship.*

No season is permanent. And no relationship is beyond hope when both partners are willing to grow together with intentionality, patience, and faith.

How to Use This Activity

- Focus on the season that best describes your relationship right now.
- Answer the questions honestly and respectfully.
- Listen to understand—not to defend.
- Remember: growth takes time, grace, intentionality, and consistency.



“Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.” - 1 Corinthians 13:7 (NLT)

Love That Endures Every Season

"Love never gives up, never loses faith, is always hopeful, and endures through every circumstance." – 1 Corinthians 13:7 (NLT)

Relationships will experience seasons. Some full of warmth and joy, others marked by uncertainty, distance, or rebuilding. What carries a couple through every season is not perfection, compatibility, or even feelings. It is love that endures.

According to Scripture, Love:

Never gives up – even when seasons feel long or difficult

Never loses faith – even when progress feels slow

Is always hopeful – even when circumstances are heavy

Endures through every circumstance – not by accident, but by choice

Enduring love is not passive. It is intentional. It shows up when emotions are low, chooses forgiveness when it's hard, speaks kindly when silence feels easier, and trusts God even when answers aren't immediate.

Winter does not mean love has failed.

Fall does not mean the marriage is broken.

Spring reminds us that healing is possible.

Summer shows us what love can look like when nurtured well.

Every season gives couples an opportunity to practice 1 Corinthians 13:7 Love—the kind of love that stays, grows, and believes God is still at work.

Reflection

In what ways is God calling us to let love endure right now?
What does "love never gives up" look like for us in this season?

Closing Prayer

God, thank You for reminding us what real love looks like. Help us to love in a way that never gives up, never loses faith, and always remains hopeful. Teach us how to endure together, through every season and every circumstance. Strengthen our commitment, soften our hearts, and guide our steps as we choose one another daily. May our marriage reflect Your love, today and always.

In Jesus' Name, Amen.

Closing Encouragement

Love that lasts is love that endures. Not because circumstances are easy but because God is faithful.



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